

# “Empowering & Motivating Nurses for a Sustainable Public Health”

## Preliminary Program

Thu, 09 Oct 2025

KALLIROE HALL

ATTICA HALL

09:00 - 09:30	<b>Arrivals - Registration</b>
10:00 - 12:00	<b>Session 1</b> Contemporary Developments and Perspectives in Nursing Regulation  Global Delegates from National Nursing Regulatory Authorities
12:00 - 12:20	<b>Coffee Break</b>
12:20 - 14:30	<b>Session 2</b> International Challenges in Nursing and Cross-National Exchange of Experiences  Global Delegates from National Nursing Regulatory Authorities
14:30 - 15:30	<b>Roof Garden Light Lunch</b>
15:30 - 16:30	<b>Session 3</b> Nursing Regulation in the WHO European Region  Discussion Panel
16:30 - 17:00	<b>Session 4</b> Conclusions - Discussion and Adoption of The Athens Declaration (proposed by the European Nursing Council)  Global Delegates from National Nursing Regulatory Authorities

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**Arrivals - Registration**

09:30 - 10:00

**Official Greetings**

10:00 - 12:00

**Session 1**

Exploring and Supporting Mental Resilience and Occupational Burnout among Nurses

10:00 - 10:15

Strengthening Nursing for Quality Care: Deliverables and Next Steps from the HEALTH-IQ Project

10:15 - 12:00

Discussion Panel: Launch of the Mental Health and Wellbeing guide for Greece (Health IQ)

12:00 - 12:20

**Coffee Break**

12:20 - 14:30

**Session 2**

The impact of Nursing Leadership on nurses' job satisfaction and patient safety

Bridging Education and Practice: The Strategic Role of Regulatory Bodies in Nursing,

The Impact of Toxic Leadership on Nursing Staff Retention: A Scoping Review

Debate: Fight or Flight in the Clinical Nursing Practice: The Major Dilemma of the Nursing Profession

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10:00 - 12:00

### Session 1

Addressing Nursing Understaffing and Retention: Recruitment Strategies for the Next Generation of Nurses

10:15 - 11:45

**Discussion Panel:** The Nursing Action project

12:00 - 12:20

**Coffee Break**

12:20 -

### Session 2

Professional Development Pathways and the Evolution of Independent Nursing Practice

**Discussion Panel:** Building the Future of Nursing in Greece: Career Pathways and International Perspectives